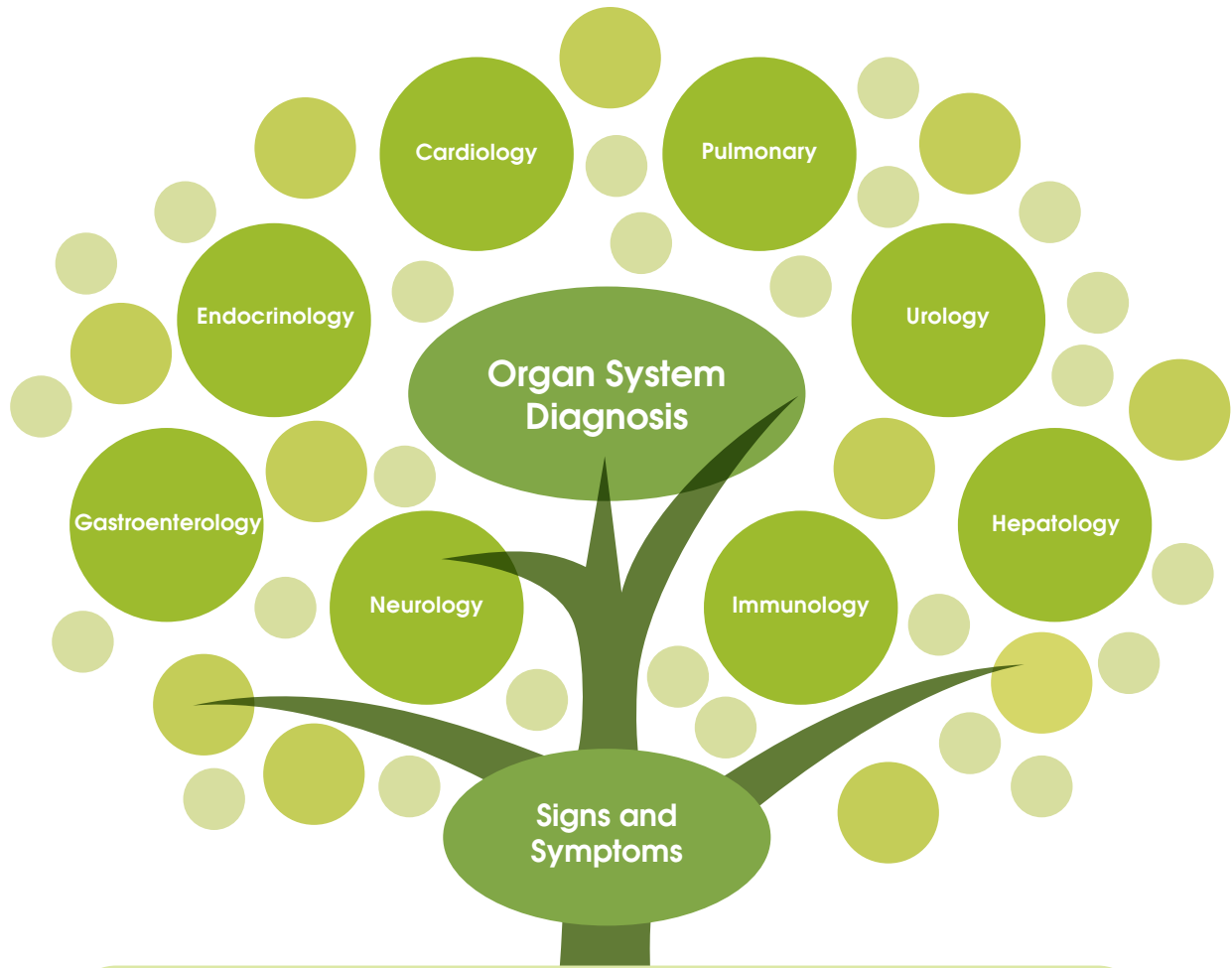




# THE FUNCTIONAL MEDICINE TREE

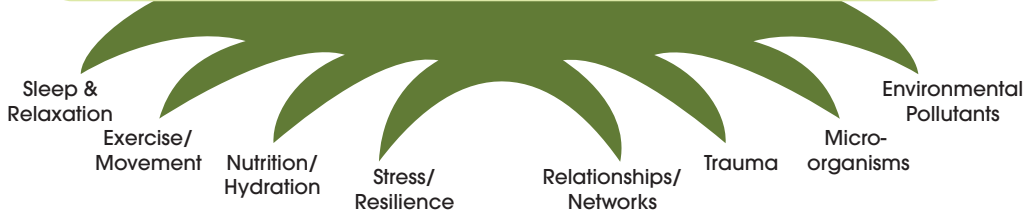


**The Fundamental Organizing Systems and Core Clinical Imbalances**

<p><b>Assimilation</b> <i>Digestion, Absorption, Microbiota/GI, Respiration</i></p> <p><b>Defense and Repair</b> <i>Immune system, Inflammatory processes, Infection and microbiota</i></p>	<p><b>Energy</b> <i>Energy regulation, Mitochondrial function</i></p> <p><b>Biotransformation and Elimination</b> <i>Toxicity, Detoxification</i></p> <p><b>Communication</b> <i>Endocrine, Neurotransmitters, Immune messengers, Cognition</i></p>	<p><b>Transport</b> <i>Cardiovascular, Lymphatic systems</i></p> <p><b>Structural Integrity</b> <i>From the subcellular membranes to the musculoskeletal system</i></p>
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## Antecedents, Triggers, and Mediators

**Mental, Emotional, Spiritual Influences** ▶ **Genetic Predisposition** ◀ **Experiences, Attitudes, Beliefs**



## Personalizing Lifestyle and Environmental Factors