The Fundamental Organizing Systems and Core Clinical Imbalances

Assimilation
Digestion, Absorption, Microbiota/GI, Respiration, Defense and Repair
Immune system, Inflammatory processes, Infection and microbiota

Energy
Energy regulation, Mitochondrial function, Biotransformation and Elimination
Toxicity, Detoxification, Communication
Endocrine, Neurotransmitters, Immune messengers, Cognition

Transport
Cardiovascular, Lymphatic systems
Structural Integrity
From the subcellular membranes to the musculoskeletal system

Antecedents, Triggers, and Mediators

Mental, Emotional, Spiritual Influences
Genetic Predisposition
Experiences, Attitudes, Beliefs

Personalizing Lifestyle and Environmental Factors